## BEHAVIORAL HEALTH SERVICES

LISTED ALPHABETICALLY

**FACILITY SERVICES** 

**ACHIEVE TMS EAST** 

47 Pleasant St., Suite 1-NW, Northampton, MA 01060 (413) 203-6922; www.achievetmseast.com

Treatment center works in collaboration with local healthcare providers to help people suffering from major depressive disorder using deep TMS (transcranial magnetic stimulation) therapy, an FDA-cleared treatment; additional locations in Springfield, Amherst, Holyoke, Worcester, and Pittsfield

ADCARE HOSPITAL

107 Lincoln St., Worcester, MA 01605; (508) 799-9000 AdCare West Springfield Outpatient Services 117 Park Ave., West Springfield, MA 01089; (413) 209-3124 www.adcare.com

Inpatient detoxification and rehabilitation; outpatient assessment, evaluation, and detoxification; individual and family counseling; intervention services; day and evening programs; outpatient services in West Springfield

**AUSTEN RIGGS CENTER** 

25 Main St., Stockbridge, MA 01262 (800) 517-4447; www.austenriggs.org Specializes in the long-term treatment of psychiatric disorders with intensive psychodynamic psychotherapy and a full range of psychiatric services, offered in a completely voluntary continuum of care that includes inpatient, residential, and day treatment programs

**BAYSTATE BEHAVIORAL HEALTH** 

3300 Main St., Springfield, MA 01199 (413) 794-5555; www.baystatehealth.org At Baystate Medical Center, Springfield: adult inpatient psychiatry, adult and child partial hospitalization, adult and child neuropsychological testing, memory disorders program, outpatient services for adults and children with medical co-morbidities, a psychiatric neurotherapeutics service, including inpatient and outpatient electroconvulsive therapy and outpatient transcranial magnetic stimulation; at Baystate Franklin Medical Center, Greenfield: adult inpatient psychiatry and adult partial hospitalization; at Baystate Noble Hospital, Westfield; adult inpatient psychiatry and adult partial hospitalization; at Baystate Wing Hospital, Palmer; a 13-bed adult inpatient psychiatric unit and 15-bed geriatric inpatient psychiatric unit, outpatient behavioral health and addiction services in Belchertown, Palmer, and Wilbraham, counseling and psychiatric medication management for children, adults, couples, families, and groups, outpatient transcranial magnetic stimulation

BAYSTATE FAMILY ADVOCACY CENTER 50 Maple St., Springfield, MA 01199 (413) 794-9816; www.baystatehealth.org/fac

Healing children and families affected by trauma, including physical or sexual abuse and violence in the home or the community; special services for children and adults affected by homicide or suicide; individual, family, and group therapy in a child-friendly environment; a collaborative program with the Department of Pediatrics, serving all of Western Mass.

BEHAVIORAL HEALTH NETWORK INC. 417 Liberty St., Springfield, MA 01104 (413) 747-0705; www.bhninc.org

Comprehensive, compassionate behavioral healthcare for adults, veterans, children, youth and family; healthcare integration/care management; full range of services for addictions, mental health, and developmental needs; 24/7 emergency services; forensic/criminal justice services; domestic-violence services; in-home, residential, and clinicbased services throughout Western Mass., including Springfield, Westfield, Holyoke, Northampton, Greenfield, Pittsfield, Ware, Agawam, and Ludlow

BERKSHIRE MEDICAL CENTER Department of Psychiatry & Behavioral Health 725 North St., Pittsfield, MA 01210 (413) 447-2167; www.berkshirehealthsystems.org

Comprehensive mental-health and substance-abuse services; inpatient psychiatry; inpatient chemical dependency; partial hospital program; child-crisis stabilization unit; two adult acute crisis houses, halfway houses; rehabilitation programs; seven outpatient clinics; crisis team; clinical collaborative with the Brien Center for Mental Health and Substance Abuse Services for most long-term outpatient services; clinical stabilization services for substance abuse

**BRATTLEBORO RETREAT** 1 Anna Marsh Lane, Brattleboro, VT 05302 Nonprofit psychiatric and addiction-treatment hospital; specialized diagnosis, treatment, and rehabilitation services for children, adolescents, and adults; inpatient care; partial hospitalization; intensive outpatient services; 15-bed inpatient LGBT unit; Mind-Body Pain Management Clinic; Emerging Adult Inpatient Program; partial hospital/ residential program for uniformed service workers

(802) 257-7785; www.brattlebororetreat.org CENTER FOR BEHAVIORAL HEALTH AT HOLYOKE MEDICAL CENTER 575 Beech St., Holyoke, MA 01040 (413) 534-2627; www.holyokehealth.com

Inpatient psychiatric unit; partial hospitalization and intensive outpatient program for people with psychiatric and addiction issues, including compulsive gambling; outpatient psychotherapy service specializing in depression, anxiety, mood disorders, PTSD/trauma, EMDR

**CENTER FOR HUMAN DEVELOPMENT** 

Provides a wide variety of human services and programs throughout Western Mass., including counseling and outpatient behavioral-health clinics for children and adults,

332 Birnie Ave., Springfield, MA 01107 (844) 243-4357; www.chd.org

disability resources, health and wellness programming, substance recovery coaching, cancer support, homelessness services, and developmental support Outpatient addiction treatment utilizing Suboxone for opioid dependence and Vivitrol for opioid and alcohol dependence; day and evening appointments; confidential,

**CLEANSLATE ADDICTION TREATMENT CENTERS** 

individualized treatment; comprehensive support services including on-site counseling; additional locations in Greenfield, Pittsfield, Springfield, Ware, and West Springfield Outpatient behavioral-health and family-support services; assessments and therapy for children, adolescents, and adults; child and adult psychiatry; sexual-abuse and trauma treatment for survivors and families, substance-abuse and addiction treatment (including driver alcohol education, IOP); community support services; psychological

306 Race St., 2nd Floor, Holyoke, MA 01040 (413) 650-0590; www.cleanslatecenters.com

testing and assessment; family support services; group therapy; emergency and crisis stabilization services; mobile crisis intervention; community-based evaluation and support; community crisis stabilization; pre-vocational day program to help members gain work experience; additional locations in Amherst, Florence, Greenfield, Pittsfield, Springfield West Springfield

**CLINICAL & SUPPORT OPTIONS** 8 Atwood Dr., Suite 201, Northampton, MA 01060 (413) 773-1314; www.csoinc.org

> Outpatient, outreach, and in-clinic psychotherapy for individuals, families, children, and adults; psychiatric evaluation and medication follow-up; psychological testing; neurofeedback therapy; therapeutic mentoring for children and young adults 4-21 years old; social-work and mental-health-counseling internships for pre-master's, master's, pre-doctoral, and post-doctoral level training; additional location in Dorchester

COMMUNITY SERVICES INSTITUTE 1695 Main St., Springfield, MA 01103 (413) 739-5572; www.communityserv.com

Provides culturally sensitive, bilingual behavioral-health, substance-use, prevention, and educational services to adults, children, and families throughout Western Mass., including Chicopee, Holyoke, Greenfield, Northampton, Springfield, Westfield, and Ware; child and family services; residential programs; family-support programs; recoverysupport centers; outpatient services

**GANDARA MENTAL HEALTH CENTER** 147 Norman St., West Springfield, MA 01089 (413) 736-8329; www.gandaracenter.org

Mental-health recovery solutions targeting alcoholism, substance abuse, depression, co-occurring disorders, and other issues

GREY MATTERS INTERNATIONAL INC.

A 13-bed acute-care inpatient unit and 15-bed inpatient center for geriatric psychiatry; offers outpatient behavioral-health and addiction services in Belchertown, Palmer,

and Wilbraham; counseling for children, adults, couples, families, and groups

health, day services, autism services, and early childhood services

in Springfield, Star Light Center in Florence, and Tradewinds in Southbridge

1110 Longmeadow St., Longmeadow, MA 01106 (877) 606-6161; www.greymattersintl.com

Diverse, mutli-disciplinary behavioral-health practice; utilizes broad spectrum of evidence-based treatment modalities; individual, couples, and family therapy; cognitive behavioral therapy; psychodynamic therapy; interpersonal therapy; EMDR for anxiety, stress, and trauma; group therapy; dialectical behavior therapy; psychopharmacology;

**GRISWOLD CENTER AT BAYSTATE WING HOSPITAL** 40 Wright St., Palmer, MA 01069

psychological testing; school and agency consultation; parent training groups

(413) 370-5285; www.baystatewinghospital.org **INSTITUTE OF HUMAN SOLUTIONS** 108 Russell St., Hadley, MA 01035 (413) 387-0075; www.instituteofhumansolutions.com

Nonprofit provider of residential programs and support to people impacted by mental illness, developmental disabilities, substance abuse, and homelessness; operates 25 residential sites, extensive outreach, and supported living programs, as well as a new, state-of-the-art outpatient behavioral-health center, all in Greater Springfield

995 Worthington St., Springfield, MA 01109 (413) 734-5376; www.mhainc.org

> NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental-health organization dedicated to building better lives for people affected by mental illness; conducts education programs to ensure families, individuals, friends, and caregivers get the support and information they need; conducts efforts to shape national public policy; provides free referral, information, and support; leads public-awareness events and activities, including Mental Illness Awareness Week and an annual walkathon, to fight stigma and encourage understanding

NAMI – WESTERN MASSACHUSETTS 324A Springfield St., Agawam, MA 01001 (413) 786-9139; www.namiwm.org

**NEW ENGLAND GERIATRICS** 

Comprehensive psychiatric services for residents and their families in long-term living facilities; as consultants to long-term-living facilities and primary-care physicians, NEG clinicians evaluate and treat residents referred to them with a physician's order; a resident, family, or facility staff member may request services; services are billed directly to the resident's health insurance; team consists of psychiatrists, nurse practitioners, physician assistants, psychologists, neuropsychologists, licensed mental-health counselors, and social workers; services are free to facilities that contract with New England Geriatrics

103 Myron St., Suite A, West Springfield, MA 01089 (413) 592-1980; www.negeriatrics.com PROVIDENCE BEHAVIORAL HEALTH HOSPITAL

Psychiatric and substance-use disorder treatment programs; 125-bed facility; three psychiatric units with services for children, adolescents, adults, and older adults; inpatient acute treatment services (detoxification) and clinical stabilization services; outpatient substance-use disorder treatment services including two opioid treatment programs (methadone, buprenorphine, naltrexone); intensive outpatient program; driver alcohol education

1233 Main St., Holyoke, MA 01040 (413) 536-5111; www.mercycares.com

Adult, child, and adolescent individual and group outpatient mental-health services and psychiatry with offices in Holyoke, Chicopee, Springfield, and Easthampton; state-certified gambling specialists; substance-abuse counselors; adult psychiatric day treatment program; school-based health centers/teen clinics located at Holyoke High School North, Dean Campus, and Peck School; school-based mental-health services in Holyoke, Chicopee, Easthampton, and Granby public schools as well as select schools in Springfield and Springfield Technical Community College; the HIV/AIDS Project; CONCERN: Employee Assistance Program for local businesses, organizations, and municipalities: CBHI services; RVCC is also the mental-health provider for the clients of WestMass Elder Care Inc., LifePath, ROCA, and Womanshelter/Compañeras:

RIVER VALLEY COUNSELING CENTER INC. 303 Beech St., Holyoke, MA 01040 (413) 540-1234; www.rvcc-inc.org

> programs are staffed by bilingual/bicultural professionals; RVCC is an affiliate of Holyoke Medical Center and member of Valley Health Systems Inc. Individual counseling and innovative group therapies for children, adolescents, and adults who are dealing with a wide range of issues, including depression, anxiety, substance-use disorders, physical/sexual abuse and other trauma, relationship and family concerns, school-adjustment problems, pain-management challenges, and obsessive-compulsive disorders; also providing psychological testing, psychiatric care, and medication services; clinics are located in Amherst, Greenfield, Holyoke,

SERVICENET 21 Olander Dr., Northampton, MA 01060 (413) 585-1300; www.servicenet.org

Community-based, behavioral healthcare organization offering a continuum of services including adult behavioral health, substance-abuse counseling, children's behavioral

Accredited by Clubhouse International and driven by a belief in recovery through work, Viability clubhouse programs provide members with a supportive environment to increase their vocational, educational, and social skills; locations include Berkshire Pathways in Pittsfield, Odyssey House in Holyoke, Forum House in Westfield, Lighthouse

SOUTH BAY COMMUNITY SERVICES 140 High St., Unit 230, Springfield, MA 01105 (413) 495-1500; www.southbaycommunityservices.com

Provides a continuum of care for patients with eating disorders; psychiatric inpatient services; medical, behavioral, and nutritional care

100 University Dr., 2nd Floor, Amherst, MA 01002 (413) 582-0100; www.waldenbehavioralcare.com

WALDEN BEHAVIORAL CARE

5 Franklin St., Northampton, MA 01060

(413) 584-1460; www.viability.org

Family-owned and operated mental-health outpatient clinic providing a variety of services, including geriatric mental health, individual and group psychotherapy, diagnostic

WEST CENTRAL FAMILY AND COUNSELING 103 Myron St., Suite A, West Springfield, MA 01089 (413) 592-1980; www.westcentralfamily.com

evaluations, CANS assessments for MassHealth children under 21, medication management for age 18 and up, consultation with families of elders with dementia, neuropsychological testing for adults/elders, family therapy and consultation; WCFC provides bilingual services, as well as outreach for those unable to make it to the clinic