

SENIOR LIVING OPTIONS

LISTED ALPHABETICALLY BY COUNTY

COMMUNITY	NO. OF UNITS	LEVELS OF CARE	SERVICES	CHIEF ADMIN.
Berkshire County				
DEVONSHIRE ESTATES 329 Pittsfield Road, Lenox, MA 01240 (413) 637-1700; www.holidaytouch.com	138	Independent Living	Three meals per day; weekly housekeeping; activities; linens and towels; maintenance; transportation; emergency call pendants	Christopher Brown Camilo Manrique
KIMBALL FARMS LIFECARE RETIREMENT COMMUNITY 235 Walker St., Lenox, MA 01240 (413) 637-7000; www.kimballfarms.org	298	Independent and Assisted Living; Skilled Nursing; Memory-impaired Units	90% refundable entrance fee and monthly service fee covering four levels of care; all utilities; full-service dining room; housekeeping; laundry; transportation; emergency response; activities; wellness clinic; fitness center; yoga; community care nurses and program; all-inclusive-fee assisted living; direct admission to assisted living and memory care	Sandra Shepard
THE LANDING AT LAUREL LAKE 600-620 Laurel St., Lee, MA 01238 (413) 243-2010; www.landingatlaurellake.com	63	Traditional Assisted Living; Enhanced Dementia Care	Dining services; private apartments; country kitchen; activities lounge; meeting areas; personal care	Bolaji Mustapha
WINGATE RESIDENCES AT MELBOURNE PLACE 140 Melbourne Road, Pittsfield, MA 01201 (413) 499-1992; www.wingatehealthcare.com	126	Assisted Living; Memory Care; Independent Living	Three meals daily; housekeeping/linen service; transportation; activities; fitness center and instructor; beauty salon; cable TV; AC; 24-hour healthcare coverage; wellness programs; pets allowed; emergency response system; the Neighborhood memory-care program	Mark Amuso
Franklin County				
THE ARBORS AT GREENFIELD 15 Meridian St., Greenfield, MA 01301 (413) 774-4400; www.arborsassistedliving.com	76	Assisted Living; Memory-impaired Units	Three meals daily; housekeeping; personal care; medication management; activities and recreational programs	Donna Bigelow
Hampden County				
THE AMERICAN INN One Sawmill Park, Southwick, MA 01077 (413) 569-1215; www.americaninn-sawmillpark.com	187	Independent Cottages; Independent Apartments; Assisted Living	Meal plans; housekeeping; laundry; all utilities (excluding cottages); cable included in all apartments; 24-hour security; emergency response; indoor pool; beauty salon; wellness center; transportation; activities for entire community	Debbie DePaola
THE ARBORS AT CHICOPEE 929 Memorial Dr., Chicopee, MA 01020 (413) 593-0088; www.arborsassistedliving.com	90	Assisted Living; Memory-impaired Units	Three meals daily; housekeeping; personal care; medication management; activities; recreational programs	Crystal DaSilva
THE ARBORS AT WESTFIELD 40 Court St., Westfield, MA 01085 (413) 562-0001; www.arborsassistedliving.com	90	Assisted Living; Memory-impaired Units	Three meals daily; housekeeping; personal care; medication management; activities; recreational programs	Ann Johnson
ARMBROOK VILLAGE 551 North Road, Westfield, MA 01085 (413) 568-0000; www.armbrookvillage.com	122	Independent and Assisted Living; Mild Cognitive Impairment; Memory Care	Two state-of-the-art memory support programs: Compass Memory Care and ConnectedLife for mild cognitive impairment, Alzheimer's disease, or related dementias; committed to helping seniors stay socially connected and independent through evidence-based arts, fitness, and lifelong learning programs	Beth Cardillo
THE ATRIUM AT CARDINAL DRIVE 153 Cardinal Dr., Agawam, MA 01001 (413) 821-9911; www.atriumatcardinaldrive.com	44	Assisted Living for Memory-impaired	Three meals daily; daily living services; activities; laundry; housekeeping; medication management; specializing in memory impairment	Cheryl Moran
BEAVEN KELLY HOME 25 Brightside Dr., Holyoke, MA 01040 (413) 532-4892; www.mercycares.com/beaven-kelly	57	Level IV Residential Care	Three meals daily; assistance with daily living; support services; housekeeping; linen service; activities; nursing care; respite care; pastoral care	Lori Hannah
BLUEBIRD ESTATES 1 Apple Blossom Lane, East Longmeadow, MA 01028 (413) 525-8600; www.holidaytouch.com	132	Independent Retirement Living	Three meals daily; housekeeping/linen service; utilities Included; transportation; 24-hour, GPS-enabled emergency-reponse service; no long-term commitments; hair salon; pets welcome; private home care on site; exclusive travel program	Eric Lisitano
DAY BROOK VILLAGE SENIOR LIVING 298 Jarvis Ave., Holyoke, MA 01040 (413) 538-7551; www.daybrookvillage.org	171	Independent and Assisted Living; Skilled Nursing	Continuing-care community; full dining service; wellness center; housekeeping; resident-run cultural and educational activities; transportation; emergency response; convenience store	Lori Todd
EAST VILLAGE PLACE 50 Benton Dr., East Longmeadow, MA 01028 (413) 525-8150; www.eastvillageplace.com	74	Assisted Living; 2 Levels of Memory Care	Three meals daily; individualized care plans; housekeeping; transportation; full calendar of events including regular classes offered through Watermark University stimulating body, mind, and spirit; specializing in all stages of Alzheimer's and dementia; respite and day club	Pam Skiba
THE GARDENS OF WILBRAHAM 2301 Boston Road, Wilbraham, MA 01095 (413) 596-5322; www.thegardensofwilbraham.com	95	Independent Retirement Living	Energy-efficient one- and two-bedroom homes; attached one- or two-car garage; design and amenity options; 24-hour staffing; Clubhouse with outdoor pool, fitness and wellness center; on-site nurse offering health screenings and education; library; trash and snow removal; maintenance; lawn care; Great Room for catered events and activities; 200 units total in future	Judy Hyland
GLENMEADOW 24 Tabor Crossing, Longmeadow, MA 01106 (413) 567-7800; www.glenmeadow.org	147	Independent and Assisted Living	Housekeeping; laundry; utilities; transportation; indoor pool; fitness room; covered parking; \$400/month meal credit for independent living; security; emergency response; assisted living; meals included and one hour nursing care daily; Glenmeadow at Home program	Anne Thomas
HERITAGE WOODS SENIOR LIVING 462 Main St., Agawam, MA 01001 (413) 786-9704; www.genesisshcc.com/heritagewoods	109	Assisted Living; Memory Support	Three meals daily; one hour of personal care per day; two hours of memory care per day; medication reminders; housekeeping; transportation; utilities; activities; wellness program; Eden Alternative Community; Step Two Quality Award	Theresa Bollea
HOLYOKE HEALTHCARE CENTER 282 Cabot St., Holyoke, MA 01040 (413) 538-7470; www.holyokehealthcare.com	102	Skilled Nursing	Skilled-nursing facility with long-term care and short-term rehabilitation in a home-like setting; rehabilitation services include physical therapy, occupational therapy, and speech therapy specializing in post-orthopedic patients and post-stroke patients working to return residents to their prior level of independence in the community	Tom Accomando
JGS LIFECARE – RUTH’S HOUSE ASSISTED LIVING RESIDENCE 780 Converse St., Longmeadow, MA 01106 (413) 567-6212; www.jgslifecare.org	76	Assisted Living	Full-service dining; 24-hour kosher kitchen; activities; transportation; private and companion suites; emergency response; wellness nurse; wellness program/telemedicine; salon; personal care; medication management; housekeeping and laundry; secure memory-impairment neighborhood; respite care	Darlene Francis
KEYSTONE COMMONS 460 West St., Ludlow, MA 01056 (413) 583-6611; www.keystonecommonssl.com	100	Independent and Assisted Living; Memory-impaired Units	One meal per day, full kitchens, washers/dryers (independent living); three meals daily, personal care services for one all-inclusive rate (assisted living); all utilities/cable; housekeeping; laundry facilities; 24-hour staffing; transportation; emergency-response system; barber/beauty salon; pub; theater; fitness center; Life Enrichment Program offering 150+ activities each month designed to enhance the social, mental, and physical well-being of residents; comprehensive array of health services with a primary-care physician specializing in geriatric assisted-living care, a nurse practitioner, and physical and occupational therapists	Kelly Sostre
LANDMARK AT MONASTERY HEIGHTS 110 Monastery Ave., West Springfield, MA 01089 (413) 781-1282; www.landmarkseniorliving.com	105	Independent and Assisted Living; Memory-impaired Units	Three meals daily; housekeeping/linen service; transportation; activities; social programs; medication assistance; emergency response; memory-impairment neighborhood assistance	Sharon Beaudry
LOOMIS LAKESIDE AT REEDS LANDING 807 Wilbraham Road, Springfield, MA 01109 (413) 782-1800; www.loomiscommunities.org	195	Independent and Assisted Living; Skilled Nursing	Continuing-care community on East Campus of Springfield College; full dining service; on-site restaurant and café; wellness center with trainer and physician's office; housekeeping, laundry; cultural and educational activities; transportation; emergency response; convenience store; branch bank	Craig Johnsen
MASON WRIGHT SENIOR LIVING 74 Walnut St., Springfield, MA 01105 (413) 733-1517; www.masonwright.org	118	Independent and Assisted Living; Memory Support	Affordable, quality senior living; spacious apartments; 24/7 staffing; three meals a day; full activity calendar; assistance with activities of daily living; housekeeping and laundry services; specially trained memory-care staff	Eileen Drumm Moore
ORCHARD VALLEY AT WILBRAHAM 2387 Boston Road, Wilbraham, MA 01095 (413) 596-0006; www.orchardvalleyatwilbraham.com	66	Assisted Living; Traditional and Memory-impaired	Three meals daily; 24/7 on-site supervision; personalized care; wellness consultant; social, cultural, educational activities; transportation; adult day stay; respite care; two-person care available	Catherine Williamson
PROVIDENCE PLACE 5 Gamelin St., Holyoke, MA 01040 (413) 534-9700; www.providenceplace.org	119	Independent Living	Rental apartments with full kitchens; included utilities; restaurant-style dining; transportation; programs; tai chi; yoga; swimming pool; daily Mass in chapel; park-like setting; 24/7 staffing; not-for-profit; no buy-in fees	Richard Pelland
QUAIL RUN ESTATES 50 Cardinal Dr., Agawam, MA 01001 (413) 786-9688; www.quailrunestates.com	121	Independent Living	Three meals daily; housekeeping; linens and laundry; paid utilities; barber/beauty shop; 24-hour security; four resident managers; transportation; no buy-in fees or leases; studio; one- and two-bedroom apartments; cottages and garden suites; physical and occupational therapy on site; care agency on site; concierge on site	Nikki Thelen
THE RESERVE AT EAST LONGMEADOW 741 Parker St., East Longmeadow, MA 01028 (413) 224-2200; www.meridiansenior.com	126	Assisted Living Memory-care Neighborhood	Variety of living arrangements, from studios to two-bedroom apartments; community designed and built for seniors who need some assistance with activities of daily living, such as medication management, dressing, or bathing; also includes an innovative memory-care neighborhood for those experiencing memory loss	Jordan Blumberg
SARAWOOD ASSISTED LIVING One Loomis Ave., Holyoke, MA 01040 (413) 532-7879; www.sarawood.net	28	Assisted Living	Three meals daily; 35 minutes of personal care per day; 24-hour staffing; all utilities; housekeeping and linen service; hairdressing; laundry; cable; activities; emergency-response system	Lisa DiLuzio
ST. LUKE'S HOME 85 Spring St., Springfield, MA 01105 (413) 736-5494; www.mercycares.com	89	Level IV Residential Care	Three meals daily; assistance with daily living; support services; housekeeping; linen service; activities; nursing care; respite care; pastoral care	Barbara Tadeo
THE WELLINGTON AT SPRINGFIELD, MANAGED BY CAPITAL SENIOR LIVING CORP. 942 Grayson Dr., Springfield, MA 01119 (413) 426-9868; www.capitalsenior.com	188	Independent and Assisted Living; Memory-impaired Units	One meal per day with full kitchens (independent living); three meals and 90 minutes personal care per day (assisted living); all utilities/cable (excluding phone); biweekly housekeeping; free laundry facilities; 24-hour staffing; transportation; 7-day activity and wellness programs; emergency-response system; barber/beauty salon; theater; fitness center; pet-friendly	Elizabeth Skerry- Hastings
Hampshire County				
APPLEWOOD AT AMHERST One Spencer Dr., Amherst, MA 01002 (413) 253-9833; www.loomiscommunities.org	103	Independent Living	Continuing-care community; full dining service; wellness center; housekeeping; resident-run cultural/educational activities; transportation; emergency response; convenience store	Robert Claflin
THE ARBORS AT AMHERST 130 University Dr., Amherst, MA 01002 (413) 548-6800; www.arborsassistedliving.com	78	Assisted Living; Memory-impaired Units	Three meals daily; housekeeping; personal care; medication management; activities and recreational programs; 24/7 staffing	Karen Walter Zucco
CHRISTOPHER HEIGHTS OF BELCHERTOWN 99 Front St., Belchertown, MA 01007 (413) 323-5500; christopherheights.com	83	Assisted Living	Offers private apartments regardless of financial programs; three chef-prepared meals daily; up to 1.5 hours of personal-care assistance with bathing, grooming, and dressing; medication reminders; three safety checks; housekeeping and laundry services weekly; two emergency pull cords in the apartment; activity programming daily; staff available 24/7	Dale Proulx
CHRISTOPHER HEIGHTS OF NORTHAMPTON 50 Village Hill Road, Suite 1, Northampton, MA 01060 (413) 584-0701; christopherheights.com	83	Assisted Living	Affordable assisted-living services; all residents have private apartments, regardless of financial program; three chef-prepared meals served daily; up to 1.5 hours of personal-care assistance daily; medication reminders; full social and activity programming; housekeeping and full laundry service weekly; staff available 24/7	Michael Taylor
LATHROP COMMUNITIES 100 Bassett Brook Dr., Easthampton, MA 01027 (413) 586-0006; www.lathrop.kendal.org	120	Independent Living	An affiliate of the Kendal Corp.; activities; security; transportation; emergency response; the Inn at Easthampton provides main meal of the day; weekly housekeeping; 24-hour security; wellness center; RN and LPN; transportation; weekly in-house programs	Thom Wright
LATHROP RETIREMENT COMMUNITIES 1 Shallow Brook Dr., Northampton, MA 01060 (413) 582-1825; www.lathrop.kendal.org	79	Independent Living	An affiliate of the Kendal Corp.; activities; security; transportation; emergency response; the Inn at Easthampton provides main meal of the day; weekly housekeeping; 24-hour security, wellness center; full-time nurse practitioner and LPN; transportation; weekly in-house programs	Thom Wright
LINDA MANOR ASSISTED LIVING 345 Haydenville Road, Leeds, MA 01053 (413) 387-3155; www.lindamanorassistedliving.org	88	Assisted Living and Memory-impaired Life Enrichment	All-inclusive monthly service fee covers personal care, meals, medication management, bathing dressing, activities, and transportation; Life Enrichment Program based on habitation model of dementia care	Emily Uguccioni
LOOMIS VILLAGE 20 Bayon Dr., South Hadley, MA 01075 (413) 532-5325; www.loomiscommunities.org	159	Independent and Assisted Living	Continuing-care community; full dining service; on-site restaurant and café, wellness center; indoor pool; housekeeping; cultural and educational programs; transportation; emergency response; convenience store; 24-hour security	Maureen O'Toole
ROCKRIDGE RETIREMENT COMMUNITY 25 and 37 Coles Meadow Road Northampton, MA 01060 (413) 586-2902; www.rockridgema.org	139	Violette's Crossing – Independent Living; Assisted Living; Gardens Neighborhood for Memory Support; Level IV Rest Home	Apartments, cottages, private suites, and a memory-support neighborhood available; full dining service; wellness center; housekeeping; linen service; transportation; full arts schedule; emergency-response system; continence management; personal-care assistance; not-for-profit community; housing at all income levels	Nancy Godbout