## SENIOR LIVING COMMUNITIES <br> LISTED ALPHABETICALLY BY COUNTY

| COMMUNITY | NO. OF UNITS | LEVELS OF CARE | SERVICES | CHIEF <br> ADMIN. |
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| Berkshire County |  |  |  |  |
| DEVONSHIRE ESTATES <br> 329 Pittsfield Road, Lenox, MA 01240 <br> (413) 637-1700; www.holidaytouch.com | 135 | Independent Living | Three meals per day; weekly housekeeping; activities; linens and towels; maintenance; transportation; emergency call pendants; cable TV, utilities | Camilo Manrique |
| KIMBALL FARMS LIFECARE RETIREMENT COMMUNITY 235 Walker St., Lenox, MA 01240 <br> (413) 637-7000; www.kimballfarms.org | 298 | Independent and Assisted Living; Skilled Nursing; Memory-impaired Units | $90 \%$ refundable entrance fee and monthly service fee covering four levels of care; all utilities; full-service dining room; housekeeping; laundry; transportation; emergency response; activities; wellness clinic; fitness center; yoga; community care nurses and program; all-inclusive-fee assisted living; direct admission to assisted living and memory care | Sandra Shepard |
| THE LANDING AT LAUREL LAKE 600-620 Laurel St., Lee, MA 01238 <br> (413) 243-2010; www.thelandingatlaurellake.com | 63 | Traditional Assisted Living; Enhanced Dementia Care | Dining services; private apartments; country kitchen; activities lounge; meeting areas; personal care | Bolaji Mustapha |
| WINGATE RESIDENCES AT MELBOURNE PLACE 140 Melbourne Road, Pittsfield, MA 01201 <br> (413) 499-1992; www.wingatehealthcare.com | 126 | Assisted Living; Memory Care; Independent Living | Three meals daily; housekeeping/linen service; transportation; activities; fitness center and instructor; beauty salon; cable TV; AC; 24-hour healthcare coverage; wellness programs; pets allowed; emergency response system; the Neighborhood memory-care program | Mark Amuso |
| Frankiln County |  |  |  |  |
| THE ARBORS AT GREENFIELD 15 Meridian St., Greenfield, MA 01301 (413) 774-4400; www.arborsassistedliving.com | 82 | Assisted Living; Memory-impaired Units | Three meals daily; housekeeping; personal care; medication management; activities and recreational programs | Alison Rice |
| Hampden County |  |  |  |  |
| THE AMERICAN INN One Sawmill Park, Southwick, MA 01077 (413) 569-1215; www.theamericaninn.net | 187 | Independent Cottages; Independent Apartments; Assisted Living | Meal plans; housekeeping; laundry; all utilities (excluding cottages); cable included in all apartments; 24-hour security; emergency response; indoor pool; beauty salon; wellness center; transportation; activities for entire community | Rob Fallon |
| THE ARBORS AT CHICOPEE 929 Memorial Dr., Chicopee, MA 01020 (413) 593-0088; www.arborsassistedliving.com | 90 | Assisted Living; Memory-impaired Units | Three meals daily; housekeeping; personal care; medication management; activities; recreational programs | Crystal DaSilva |
| THE ARBORS AT WESTFIELD <br> 40 Court St., Westfield, MA 01085 <br> (413) 562-0001; www.arborsassistedliving.com | 90 | Assisted Living; Memory-impaired Units | Three meals daily; housekeeping; personal care; medication management; activities; recreational programs | Alicia Dessereau |
| ARMBROOK VILLAGE <br> 551 North Road, Westield, MA 01085 <br> (413) 568-0000; www.armbrookvillage.com | 122 | Independent and Assisted Living; Mild Cognitive Impairment; Memory Care | Two state-of-the-art memory support programs: Compass Memory Care and Connectedlife for mild cognitive impairment, Alzheimer's disease, or related dementias; committed to helping seniors stay socially connected and independent through evidence-based arts, fitness, and lifelong learning programs | Beth Cardillo |
| THE ATRIUM AT CARDINAL DRIVE 153 Cardinal Dr., Agawam, MA 01001 <br> (413) 821-9911; www.atriumatcardinaldrive.com | 44 | Assisted Living for Memory-impaired | Three meals daily; daily living services; activities; laundry; housekeeping; medication management; specializing in memory impairment | Cheryl Moran |
| BEAVEN KELLY HOME <br> 25 Brightside Dr., Holyoke, MA 01040 <br> (413) 532-4892; www.trinityhealthofne.org | 57 | Level IV Residential Care | Three meals daily; assistance with daily living; support services; housekeeping; linen service; activities; nursing care; respite care; pastoral care | Lori Hannah |
| BLUEBIRD ESTATES <br> 1 Apple Blossom Lane, East Longmeadow, MA 01028 <br> (413) 525-8600; www.holidaytouch.com | 132 | Independent Retirement Living | Three meals daily; housekeeping/linen service; utilities Included; transportation; 24-hour, GPS-enabled emergency-response service; no long-term commitments; hair salon; pets welcome; private home care on site; exclusive travel program | Eric Lisitano |
| CEDARBROOK VILLAGE <br> 73 Main St., Ware, MA 01082 (413) 758-5377; www.everbrookseniorliving.com/communities/ cedarbrook-village | 119 | Independent and Assisted Living; Memory Care; Respite Care | Apartments include studios, one-bedroom units, and two-bedroom units, each featuring resident-controlled individual heating and cooling options; residents receive a comprehensive assessment by a nurse who identifies areas of need for nursing oversight, and if any specific services would help optimize function, health, and quality of life; personal-care services; special events and activities; dining program | Kelly Russell |
| DAY BROOK VILLAGE SENIOR LIVING 298 Javis Ave., Holyoke, MA 01040 (413) 538-7551; www.daybrookvillage.org | 171 | Independent and Assisted Living; Skilled Nursing | Continuing-care community; full dining service; wellness center; housekeeping; resident-run cultural and educational activities; transportation; emergency response; convenience store | Lori Todd |
| EAST VILLAGE PLACE <br> 50 Benton Dr., East Longmeadow, MA 01028 <br> (413) 525-8150; www.eastvillageplace.com | 73 | Assisted Living; 2 Levels of Memory Care | Three meals daily; individualized care plans; housekeeping; transportation; full calendar of events including regular classes offered through Watermark University stimulating body, mind, and spirit; specializing in all stages of Alzheimer's and dementia; respite | Pam Skiba |
| THE GARDENS OF WILBRAHAM 2301 Boston Road, Wilbraham, MA 01095 <br> (413) 596-5322; www.thegardensofwilbraham.com | 95 | Independent Retirement Living | Energy-efficient one- and two-bedroom homes; attached one- or two-car garage; design and amenity options; 24-hour staffing; Clubhouse with outdoor pool, fitness and wellness center; on-site nurse offering health screenings and education; library; trash and snow removal; maintenance; lawn care; Great Room for catered events and activities; 200 units total in future | Judy Hyland |
| GLENMEADOW <br> 24 Tabor Crossing, Longmeadow, MA 01106 <br> (413) 567-7800; www.glenmeadow.org | 147 | Independent and Assisted Living | Housekeeping; laundry; utilities; transportation; indoor pool; fitness room; covered parking; \$400/month meal credit for independent living; security; emergency response; assisted living; meals included and one hour nursing care daily; Glenmeadow at Home program | Anne Thomas |
| HERITAGE WOODS SENIOR LIVING <br> 462 Main St., Agawam, MA 01001 <br> (413) 786-9704; www.genesishcc.com/heritagewoods | 109 | Assisted Living; Memory Support | Three meals daily; one hour of personal care per day; two hours of memory care per day; medication reminders; housekeeping; transportation; utilities; activities; wellness program; Eden Alternative Community; Step Two Quality Award | Theresa Bollea |
| hOLYOKE HEALTHCARE CENTER <br> 282 Cabot St., Holyoke, MA 01040 <br> (413) 538-7470; www.holyokehealthcare.com | 102 | Skilled Nursing; Long-term Care | Skilled-nursing facility with long-term care and short-term rehabilitation in a home-like setting; rehabilitation services include physical therapy, occupational therapy, and speech therapy specializing in post-orthopedic patients and post-stroke patients working to return residents to their prior level of independence in the community | Richard Cabral |
| JGS LIFECARE - RUTH'S HOUSE ASSISTED LIVING RESIDENCE <br> 780 Converse St., Longmeadow, MA 01106 <br> (413) 567-6212; www.jgslifecare.org | 64 | Assisted Living; Memory Care | Individualized care; newly renovated apartments; extensive wellness and activity programming (including holistic options); access to primary-care physician specializing in geriatric care; medication management; tiered individualized daily care plans; full service dining with three kosher meals daily; snacks available 24 hours in the Country Kitchen; transportation to events and outings; salon; housekeeping; linens plus personal laundry; secure memory-impairment neighborhood with large outdoor garden and walkways; respite care | Madeline Presz |

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| KEYSTONE COMMONS <br> 460 West St., Ludlow, MA 01056 <br> (413) 583-6611; www.keystonecommonssl.com | 100 | Independent and Assisted Living: Memory-impaired Units | Extensive safety measures, care standards, and cleaning and disinfecting procedures designed to ensure residents stay COVID-safe; opportunities for residents to stay social and connected, even in a time of social distancing; chef-prepared meals; assisted-living program provides all-inclusive assistance with personal care, including bathing, dressing, and grooming as needed; medication management; 24-hour staffing; all utilities/cable/wi-fi; housekeeping; transportation; emergency-response system; health services available on-site, including a primarycare physician specializing in geriatric care, a nurse practitioner, and physical and occupational therapists | Marsha Brennan |
| LANDMARK AT MONASTERY HEIGHTS 110 Monastery Ave., West Springfield, MA 01089 (413) 781-1282; www.landmarkseniorliving.com | 105 | Independent and Assisted Living; Memory-impaired Units | Three meals daily; housekeeping/linen service; transportation; activities; social programs; medication assistance; emergency response; memory-impairment neighborhood assistance | Tracey Messina |
| LOOMIS LAKESIDE AT REEDS LANDING 807 Wilbraham Road, Springfield, MA 01109 (413) 782-1800; www.loomiscommunities.org | 195 | Independent and Assisted Living; Skilled Nursing for Shortterm Rehab and Long-term Care | A member of the Loomis Communities; continuing-care community on East Campus of Springfield College; full dining service; on-site restaurant and café; fitness center with trainer and physician's office; housekeeping, laundry; cultural and educational activities; transportation; emergency response; convenience store; branch bank; on-site wood shop; walking trails; community garden | Lori Todd |
| MASON WRIGHT SENIOR LIVING 74 Walnut St., Springfield, MA 01105 (413) 733-1517; www.masonwright.org | 118 | Independent and Assisted Living; Memory Support | Affordable, quality senior living; spacious apartments; $24 / 7$ staffing; three meals a day; full activity calendar; assistance with activities of daily living; housekeeping and laundry services; specially trained memory-care staff | Eileen Drumm Moore |
| ORCHARD VALLEY AT WILBRAHAM <br> 2387 Boston Road, Wilbraham, MA 01095 <br> (413) 596-0006; www.orchardvalleyatwilbraham.com | 66 | Assisted Living; Traditional and Memory-impaired | Three meals daily; 24/7 on-site supervision; personalized care; wellness consultant; social, cultural, educational activities; transportation; adult day stay; respite care; two-person care available | Sharon Putnam |
| PROVIDENCE PLACE <br> 5 Gamelin St., Holyoke, MA 01040 <br> (413) 534-9700; www.providenceplace.org | 119 | Independent Living | Rental apartments with full kitchens; included utilities; restaurant-style dining; transportation; programs; tai chi; yoga; swimming pool; daily Mass in chapel; park-like setting; $24 / 7$ staffing; not-for-profit; no buy-in fees | Richard Pelland |
| QUAIL RUN ESTATES <br> 50 Cardinal Dr., Agawam, MA 01001 <br> (413) 786-9688; www.quailrunestates.com | 121 | Independent Living | Three meals daily; housekeeping; linens and laundry; paid utilities; barber/beauty shop; four resident managers; transportation; no buy-in fees or leases; studio; one- and two-bedroom apartments; cottages and garden suites; physical and occupational therapy on site; care agency on site; concierge on site | Stephen St. Peter |
| THE RESERVE AT EAST LONGMEADOW 741 Parker St., East Longmeadow, MA 01028 (413) 224-2200; www.meridiansenior.com | 126 | Assisted Living Memory-care Neighborhood | Variety of living arrangements, from studios to two-bedroom apartments; community designed and built for seniors who need some assistance with activities of daily living, such as medication management, dressing, or bathing; also includes an innovative memory-care neighborhood for those experiencing memory loss | Heather Lombardini |
| RIVER MILLS ASSISTED LIVING AT CHICOPEE FALLS <br> 7 River Mills Dr., Chicopee, MA 01020 <br> (413) 531-0995; www.rivermillsal.com | 95 | Assisted Living Memory Care | Walk-in showers and kitchenettes; spacious common areas for programs and events, including theater and media room, music room, private dining room, family reception room, living room, activities and game rooms, fitness center and salon, indoor gardening room, library, pub, expansive backyard patio, and open-air enclosed courtyard | Cathy Ballini |
| SARAWOOD ASSISTED LIVING One Loomis Ave., Holyoke, MA 01040 (413) 532-7879; www.sarawood.net | 28 | Assisted Living | Three meals daily; 35 minutes of personal care per day; 24 -hour staffing; all utilities; housekeeping and linen service; hairdressing; laundry; cable; activities; emergency-response system | Lisa Diluzio |
| ST. LUKE'S HOME <br> 85 Spring St., Springfield, MA 01105 <br> (413) 736 -5494; www.trinityhealthseniorcommunities.org/ saint-lukes-home | 89 | Level IV Residential Care | Three meals daily; assistance with daily living; support services; housekeeping; linen service; activities; nursing care; respite care; pastoral care | Barbara Tadeo |
| THE WELLINGTON AT SPRINGFIELD 936/942 Grayson Dr., Springfield, MA 01119 (413) 426-9868; www.wellingtonatspringfield.com | 188 | Independent and Assisted Living; Memory-care Units | One meal per day with full kitchen, biweekly housekeeping (independent living); three meals included and personal care available, weekly housekeeping (assisted living); all utilities/cable (excluding phone); free laundry facilities; 24-hour staffing; transportation; 7-day activity and wellness programs; emergency-response system; barber/beauty salon; theater; fitness center; pet-friendly | Christie Frappier |
| Hampshire County |  |  |  |  |
| APPLEWOOD AT AMHERST <br> One Spencer Dr, Amherst, MA 01002 <br> (413) 253-9833; www.loomiscommunities.org | 103 | Independent Living | A member of the Loomis Communities; continuing-care community; full dining service; on-site restaurant, craft/ art room; Artist in Residents Art Gallery; resident-tended gardens and access to 6.5 acres of the Amherst Orchard Arboretum; wellness and fitness center; housekeeping; resident-run cultural/educational activities; transportation; emergency response; convenience store | Robert Claflin |
| THE ARBORS AT AMHERST <br> 130 University Dr., Amherst, MA 01002 <br> (413) $548-6800$; www.arborsassistedliving.com | 78 | Assisted Living; Memory-impaired Units | Three meals daily; housekeeping; personal care; medication management; activities and recreational programs; $24 / 7$ staffing | Karen Walters- Zucco |
| CHRISTOPHER HEIGHTS OF BELCHERTOWN 99 Front St., Belchertown, MA 01007 <br> (413) 323 - 5500 ; christopherheights.com | 83 | Assisted Living | Spacious private apartments with bathrooms and kitchenettes; all-inclusive packages include three chefprepared meals daily, up to 1.5 hours of personal care daily, medication reminders, full life-enrichment program, housekeeping and laundry services, staff available 24/7 for peace of mind | Dale Proulx |
| CHRISTOPHER HEIGHTS OF NORTHAMPTON 50 Village Hill Road, Suite 1, Northampton, MA 01060 (413) 584-0701; christopherheights.com | 83 | Assisted Living | Spacious private apartments with bathrooms and kitchenettes; all-inclusive packages include three chefprepared meals daily, up to 1.5 hours of personal care daily, medication reminders, full life-enrichment program, housekeeping and laundry services, staff available $24 / 7$ for peace of mind | Crystal Cote-Stosz |
| LATHROP COMMUNITIES <br> 100 Bassett Brook Dr,, Easthampton, MA 01027 <br> (413) 586-0006; www.lathrop.kendal.org | 111 | Independent Living | An affiliate of the Kendal Corp.; programs and activities; security; transportation; emergency response; the Inn at Easthampton provides two meals a day; weekly housekeeping; 24-hour security; wellness checks | Thom Wright |
| LATHROP HOME <br> 215 South St., Northampton, MA 01060 <br> (413) 584-2865; www.lathrophome.net | 39 | Rest home; level IV residential care | Nursing services available $24 / 7$ to assist residents with medication management and triage medical needs; care options for all income levels; private bedroom; full dining services; activities; housekeeping; laundry; emergencyresponse system; continence management; personal-care assistance; special diets including modified texture; not-for-profit establishment | Tracy Carrol |
| LATHROP RETIREMENT COMMUNITIES <br> 1 Shallow Brook Dr., Northampton, MA 01060 <br> (413) 582-1825; www.lathrop.kendal.org | 77 | Independent Living | An affiliate of the Kendal Corp.; programs and activities; security; transportation; emergency response | Thom Wright |
| LINDA MANOR ASSISTED LIVING <br> 345 Haydenville Road, Leeds, MA 01053 <br> (413) 387-3155; www.lindamanorassistedliving.org | 88 | Assisted Living and Memory-impaired Life Enrichment | All-inclusive monthly service fee covers personal care, meals, medication management, bathing dressing, activities, and transportation; Life Enrichment Program based on habitation model of dementia care | Emily Uguccioni |
| LOOMIS VILLAGE <br> 20 Bayon Dr., South Hadley, MA 01075 <br> (413) 532-5325; www.loomiscommunities.org | 159 | Independent and Assisted Living | A member of the Loomis Communities; continuing-care community; full dining service; on-site restaurant and café; wellness and fitness center; indoor saltwater pool; housekeeping; cultural and educational programs; transportation; emergency response; convenience store; 24 -hour security; on-site wood shop, creative art studio; community garden; hiking trails | Maureen O'Toole |
| ROCKRIDGE RETIREMENT COMMUNITY <br> 25 and 37 Coles Meadow Road Northampton, MA 01060 <br> (413) 586-2902; www.rockridgema.org | 139 | Violette's Crossing Independent Living; Assisted Living; Gardens Neighborhood for Memory Support; Level IV Rest Home | Apartments, cottages, private suites, and a memory-support neighborhood available; full dining service; wellness center; housekeeping; linen service; transportation; full arts schedule; emergency-response system; continence management; personal-care assistance; not-for-profit community; housing at all income levels | Christine <br> Rachmaciej (Interim) |

