

SENIOR LIVING COMMUNITIES LISTED ALPHABETICALLY BY COUNTY

COMMUNITY	NO. OF UNITS	LEVELS OF CARE	SERVICES	CHIEF ADMIN.
Berkshire County				
DEVONSHIRE ESTATES 329 Pittsfield Road, Lenox, MA 01240 (413) 637-1700; www.holidayseiniorsliving.com	130	Independent Living	Three meals per day; weekly housekeeping; activities; linens and towels; maintenance; transportation; emergency call pendants; cable TV, utilities	Glenn Brown
KIMBALL FARMS LIFECARE RETIREMENT COMMUNITY 235 Walker St., Lenox, MA 01240 (413) 637-7000; www.kimballfarms.org	298	Independent and Assisted Living; Skilled Nursing; Memory-impaired Units	90% refundable entrance fee and monthly service fee covering four levels of care; all utilities; full-service dining room; housekeeping; laundry; transportation; emergency response; activities; wellness clinic; fitness center; yoga; community care nurses and program; all-inclusive-fee assisted living; direct admission to assisted living and memory care	Sandra Shepard
THE LANDING AT LAUREL LAKE 600-620 Laurel St., Lee, MA 01238 (413) 243-2010; www.thelandingatlaurellake.com	66	Traditional Assisted Living; Enhanced Dementia Care	Dining services; private apartments; country kitchen; activities lounge; meeting areas; personal care	Frantz Thimot
WINGATE RESIDENCES AT MELBOURNE PLACE 140 Melbourne Road, Pittsfield, MA 01201 (413) 499-1992; www.wingatehealthcare.com	126	Assisted Living; Memory Care; Independent Living	Three meals daily; housekeeping/linen service; transportation; activities; fitness center and instructor; beauty salon; cable TV; AC; 24-hour healthcare coverage; wellness programs; pets allowed; emergency response system; the Neighborhood memory-care program	Alan Blier
Franklin County				
THE ARBORS AT GREENFIELD 15 Meridian St., Greenfield, MA 01301 (413) 774-4400; www.arborsassistedliving.com	82	Assisted Living; Memory-impaired Units	Three meals daily; housekeeping; personal care; medication management; activities and recreational programs	Harah Crowell
Hampden County				
THE ARBORS AT CHICOPEE 929 Memorial Dr., Chicopee, MA 01020 (413) 593-0088; www.arborsassistedliving.com	90	Assisted Living; Memory-impaired Units	Three meals daily; housekeeping; personal care; medication management; activities; recreational programs	Debbie Maxton
THE ARBORS AT WESTFIELD 40 Court St., Westfield, MA 01085 (413) 562-0001; www.arborsassistedliving.com	90	Assisted Living; Memory-impaired Units	Three meals daily; housekeeping; personal care; medication management; activities; recreational programs	Debbie DePaola
ARMBROOK VILLAGE 551 North Road, Westfield, MA 01085 (413) 568-0000; www.armbrookvillage.com	122	Independent and Assisted Living; Mild Cognitive Impairment; Memory Care	Two state-of-the-art memory support programs: Compass Memory Care and ConnectedLife for mild cognitive impairment, Alzheimer's disease, or related dementias; committed to helping seniors stay socially connected and independent through evidence-based arts, fitness, and lifelong learning programs	Julie Wanieski
THE ATRIUM AT CARDINAL DRIVE 153 Cardinal Dr., Agawam, MA 01001 (413) 821-9911; www.atriumatcardinaldrive.com	44	Assisted Living for Memory-impaired	Three meals daily; daily living services; activities; laundry; housekeeping; medication management; specializing in memory impairment	Cheryl Moran
BEAVEN KELLY HOME 25 Brightside Dr., Holyoke, MA 01040 (413) 532-4892; www.trinityhealthofne.org	57	Level IV Residential Care	Three meals daily; assistance with daily living; support services; housekeeping; linen service; activities; nursing care; respite care; pastoral care	Lori Hannah
BLUEBIRD ESTATES 1 Apple Blossom Lane, East Longmeadow, MA 01028 (413) 525-8600; www.holidaytouch.com	130	Independent Retirement Living	Three meals daily; housekeeping/linen service; utilities Included; transportation; 24-hour, GPS-enabled emergency-response service; no long-term commitments; hair salon; pets welcome; private home care on site; exclusive travel program	Eric Lisitano
CEDARBROOK VILLAGE 73 Main St., Ware, MA 01082 (413) 758-5377; www.everbroomseniorsliving.com/communities/cedarbrook-village	119	Independent and Assisted Living; Memory Care; Respite Care	Apartments include studios, one-bedroom units, and two-bedroom units, each featuring resident-controlled individual heating and cooling options; residents receive a comprehensive assessment by a nurse who identifies areas of need for nursing oversight, and if any specific services would help optimize function, health, and quality of life; personal-care services; special events and activities; dining program	Kelly Russell
DAY BROOK VILLAGE SENIOR LIVING 298 Jarvis Ave., Holyoke, MA 01040 (413) 538-7551; www.daybrookvillage.org	171	Independent and Assisted Living; Skilled Nursing	Continuing-care community; full dining service; wellness center; housekeeping; resident-run cultural and educational activities; transportation; emergency response; convenience store	Dane Walton
EAST LONGMEADOW MEMORY CARE ASSISTED LIVING 305C Maple St., East Longmeadow, MA 01028 (413) 525-6362; www.elmmemorycareassistedliving.org	20	Memory Care Assisted Living (one service line)	Resident-centered care for those diagnosed with mild to moderate dementia; offers all-inclusive memory care as part of a Life Enrichment Program, with aspects of assisted living, to help those with Alzheimer's and other forms of memory loss experience high quality of life and discover new possibilities	Ashley LeBeau
EAST VILLAGE PLACE 50 Benton Dr., East Longmeadow, MA 01028 (413) 525-8150; www.eastvillageplace.com	73	Assisted Living; 2 Levels of Memory Care	Three meals daily; individualized care plans; housekeeping; transportation; full calendar of events including regular classes offered through Watermark University stimulating body, mind, and spirit; specializing in all stages of Alzheimer's and dementia; respite	Patti Castelli
THE GARDENS OF WILBRAHAM 2301 Boston Road, Wilbraham, MA 01095 (413) 596-5322; www.thegardensofwilbraham.com	110	Independent Retirement Living	Energy-efficient one- and two-bedroom homes; attached one- or two-car garage; design and amenity options; 24-hour staffing; Clubhouse with outdoor pool, fitness and wellness center; library; trash and snow removal; maintenance; lawn care; Great Room for catered events and activities; 200 units total in future	Judy Hyland
GLENMEADOW 24 Tabor Crossing, Longmeadow, MA 01106 (413) 567-7800; www.glenmeadow.org	147	Independent and Assisted Living	Housekeeping; laundry; utilities; transportation; indoor pool; fitness room; covered parking; \$400/month meal credit for independent living; security; emergency response; assisted living; meals included and one hour nursing care daily; Glenmeadow at Home program	Anne Thomas
HERITAGE WOODS SENIOR LIVING 462 Main St., Agawam, MA 01001 (413) 786-9704; www.geneshhcc.com/heritagewoods	109	Assisted Living; Memory Support	Three meals daily; one hour of personal care per day; two hours of memory care per day; medication reminders; housekeeping; transportation; utilities; activities; wellness program; Eden Alternative Community; Step Two Quality Award	Theresa Bollea
KEYSTONE COMMONS 460 West St., Ludlow, MA 01056 (413) 583-6611; www.keystoncommonssl.com	100	Independent and Assisted Living; Memory-impaired Units	Extensive safety measures, care standards, and cleaning and disinfecting procedures designed to ensure residents stay COVID-safe; opportunities for residents to stay social and connected, even in a time of social distancing; chef-prepared meals; assisted-living program provides all-inclusive assistance with personal care, including bathing, dressing, and grooming as needed; medication management; 24-hour staffing; all utilities/cable/wi-fi; housekeeping; transportation; emergency-response system; health services available on-site, including a primary-care physician specializing in geriatric care, a nurse practitioner, and physical and occupational therapists	Marsha Brennan
LOOMIS LAKESIDE AT REEDS LANDING 807 Wilbraham Road, Springfield, MA 01109 (413) 782-1800; www.loomiscommunities.org	195	Independent and Assisted Living; Skilled Nursing for Short-term Rehab and Long-term Care	A member of the Loomis Communities; continuing-care community on East Campus of Springfield College; full dining service; on-site restaurant and cafe; fitness center with trainer and physician's office; housekeeping, laundry; cultural and educational activities; transportation; emergency response; convenience store; branch bank; on-site wood shop; walking trails; community garden	Lori Todd
MASON WRIGHT SENIOR LIVING 74 Walnut St., Springfield, MA 01105 (413) 733-1517; www.masonwright.org	118	Independent and Assisted Living; Memory Support	Affordable, quality senior living; spacious apartments; 24/7 staffing; three meals a day; full activity calendar; assistance with activities of daily living; housekeeping and laundry services; specially trained memory-care staff	Alan Popp
ORCHARD VALLEY AT WILBRAHAM 2387 Boston Road, Wilbraham, MA 01095 (413) 596-0006; www.orchardvalleyatwilbraham.com	66	Assisted Living; Traditional and Memory-impaired	Three meals daily; 24/7 on-site supervision; personalized care; wellness consultant; social, cultural, educational activities; transportation; adult day stay; respite care; two-person care available	Emily Perkins
PINEHILL ASSISTED LIVING AT KIMBALL FARMS 235 Walker St., Lenox, MA 01240 (413) 637-7000; www.kimballfarms.org	122	Assisted Living; Memory-care Neighborhood	All-inclusive, person-centered care; extensive wellness and activity programming; medication management; full-service, restaurant-style dining with three meals daily; transportation to appointments and outings; salon; housekeeping; secure Life Enrichment Memory Care neighborhood with gardens and common areas on a 63-acre campus	Sandy Shepard
PROSPER AT MONASTERY HEIGHTS 110 Monastery Ave., West Springfield, MA 01089 (413) 781-1282; www.prosperlifecare.com/communities/monastery-heights	105	Independent and Assisted Living; Memory-impaired Units	Three meals daily; housekeeping/linen service; transportation; activities; social programs; medication assistance; emergency response; memory-impairment neighborhood assistance	Dayna Quinones
PROVIDENCE PLACE 5 Gamelin St., Holyoke, MA 01040 (413) 534-9700; www.providenceplace.org	119	Independent Living	Rental apartments with full kitchens; included utilities; restaurant-style dining; transportation; programs; tai chi; yoga; swimming pool; daily Mass in chapel; park-like setting; 24/7 staffing; not-for-profit; no buy-in fees	Suzie Dickson Moyer
QUAIL RUN ESTATES 50 Cardinal Dr., Agawam, MA 01001 (413) 786-9688; www.quailrunestates.com	123	Independent Living	Three meals daily; housekeeping; linens and laundry; paid utilities; barber/beauty shop; four resident managers; transportation; no buy-in fees or leases; studio; one- and two-bedroom apartments; cottages and garden suites; physical and occupational therapy on site; care agency on site; concierge on site	Katilyn Bacon
REGALCARE AT HOLYOKE 282 Cabot St., Holyoke, MA 01040 (413) 538-7470; www.regalcareholyokey.com	102	Skilled Nursing; Long-term Care	Skilled-nursing facility with long-term care and short-term rehabilitation in a home-like setting; rehabilitation services include physical therapy, occupational therapy, and speech therapy specializing in post-orthopedic patients and post-stroke patients working to return residents to their prior level of independence in the community	Tom Accomando
THE RESERVE AT EAST LONGMEADOW 741 Parker St., East Longmeadow, MA 01028 (413) 224-2200; www.meridiansenior.com	126	Assisted Living Memory-care Neighborhood	Variety of living arrangements, from studios to two-bedroom apartments; community designed and built for seniors who need some assistance with activities of daily living, such as medication management, dressing, or bathing; also includes an innovative memory-care neighborhood for those experiencing memory loss	Richard Cabral
RIVER MILLS AT CHICOPEE FALLS 7 River Mills Dr., Chicopee, MA 01020 (413) 531-0995; www.rivermillsal.com	99	Assisted Living Memory Care	Assisted-living and memory-care community with large studios and one-bedroom apartments, all handicap-accessible; walk-in showers; large kitchenettes; many family rooms for visiting neighbors and family; restaurant-style dining room; gardening room; theater; hair salon; game rooms; flower garden; park benches; backyard deck; rides to doctors, visiting geriatric primary-care doctor, and one hour of ADL care included in monthly lease	Nichole LaFleur
RUTH'S HOUSE ASSISTED LIVING RESIDENCE (DIVISION OF JGS LIFECARE) 780 Converse St., Longmeadow, MA 01106 (413) 567-6212; www.jgslifecare.org	64	Assisted Living; Memory Care	Located on the JGS Lifecare campus of care; individualized care; newly renovated apartments; extensive wellness and activity programming (including holistic options); access to primary-care physician specializing in geriatric care; medication management; tiered individualized daily care plans; full service dining with three kosher meals daily; snacks available 24 hours in the Country Kitchen; transportation to events and outings; salon; housekeeping; linens plus personal laundry; secure memory-impairment neighborhood with large outdoor garden and walkways; respite care	Christina Tuohey
SARAWOOD ASSISTED LIVING One Loomis Ave., Holyoke, MA 01040 (413) 532-7879; www.sarawoodassistedliving.com	28	Assisted Living	Three meals daily; 35 minutes of personal care per day; 24-hour staffing; all utilities; housekeeping and linen service; hairdressing; laundry; cable; activities; emergency-response system	Lisa DiLuzio
SOUTHWICK VILLAGE One Sawmill Park, Southwick, MA 01077 (413) 569-1215	187	Independent Cottages; Independent Apartments; Assisted Living	Meal plans; housekeeping; laundry; all utilities (excluding cottages); cable included in all apartments; 24-hour security; emergency response; beauty salon; wellness center; social clubhouse; transportation; activities for entire community	Elizabeth Skerry-Hastings
ST. LUKE'S HOME 85 Spring St., Springfield, MA 01105 (413) 736-5494; www.trinityhealthseniorcommunities.org/saint-lukes-home	89	Level IV Residential Care	Three meals daily; assistance with daily living; support services; housekeeping; linen service; activities; nursing care; respite care; pastoral care	Barbara Tadeo
THE WELLINGTON AT SPRINGFIELD 936/942 Grayson Dr., Springfield, MA 01119 (413) 426-9868; www.wellingtonatspringfield.com	188	Independent and Assisted Living; Memory-care Units	One meal per day with full kitchen, biweekly housekeeping (independent living); three meals included and personal care available, weekly housekeeping (assisted living); all utilities/cable (excluding phone); free laundry facilities; 24-hour staffing; transportation; 7-day activity and wellness programs; emergency-response system; barber/beauty salon; theater; fitness center; pet-friendly	Cierra Hommel
Hampshire County				
APPLEWOOD AT AMHERST One Spencer Dr., Amherst, MA 01002 (413) 253-9833; www.loomiscommunities.org	103	Independent Living	A member of the Loomis Communities; continuing-care community; full dining service; on-site restaurant, craft/art room; Artist in Residents Art Gallery; resident-tended gardens and access to 6.5 acres of the Amherst Orchard Arboretum; wellness and fitness center; housekeeping; resident-run cultural/educational activities; transportation; emergency response; convenience store	Louis Iannuccilli
THE ARBORS AT AMHERST 130 University Dr., Amherst, MA 01002 (413) 548-6800; www.arborsassistedliving.com	78	Assisted Living; Memory-impaired Units	Three meals daily; housekeeping; personal care; medication management; activities and recreational programs; 24/7 staffing	Karen Walters-Zucco
CHRISTOPHER HEIGHTS OF BELCHERTOWN 99 Front St., Belchertown, MA 01007 (413) 323-5500; christopherheights.com	83	Assisted Living	Spacious private apartments with bathrooms and kitchenettes; all-inclusive packages include three chef-prepared meals daily, up to 1.5 hours of personal care daily, medication reminders, full life-enrichment program, housekeeping and laundry services, staff available 24/7 for peace of mind	Amie Miarecki
CHRISTOPHER HEIGHTS OF NORTHAMPTON 50 Village Hill Road, Northampton, MA 01060 (413) 584-0701; christopherheights.com	83	Assisted Living	Spacious private apartments with bathrooms and kitchenettes; all-inclusive packages include three chef-prepared meals daily, up to 1.5 hours of personal care daily, medication reminders, full life-enrichment program, housekeeping and laundry services, staff available 24/7 for peace of mind	Crystal Cote-Stosz
LATHROP COMMUNITIES 100 Basset Brook Dr., Easthampton, MA 01027 (413) 586-0006; www.lathrop.kendal.org	118	Independent Living	An affiliate of the Kendal Corp.; programs and activities; security; transportation; emergency response; the Inn at Easthampton provides two meals a day; weekly housekeeping; 24-hour security; wellness checks	Cynthia Jerome
LATHROP HOME 215 South St., Northampton, MA 01060 (413) 584-2865; www.lathrohome.net	39	Rest home; level IV residential care	Nursing services available 24/7 to assist residents with medication management and triage medical needs; care options for all income levels; private bedroom; full dining services; activities; housekeeping; laundry; emergency-response system; continence management; personal-care assistance; special diets including modified texture; not-for-profit establishment	Tracy Carrol
LATHROP RETIREMENT COMMUNITIES 1 Shallow Brook Dr., Northampton, MA 01060 (413) 582-1825; www.lathrop.kendal.org	77	Independent Living	An affiliate of the Kendal Corp.; programs and activities; security; transportation; emergency response	Cynthia Jerome
LINDA MANOR ASSISTED LIVING 345 Haydenville Road, Leeds, MA 01053 (413) 387-3155; www.lindamanorassistedliving.org	88	Assisted Living and Memory-impaired Life Enrichment	All-inclusive monthly service fee covers personal care, meals, medication management, bathing dressing, activities, and transportation; Life Enrichment Program based on habitation model of dementia care	Emily Uguccioni
ROCKRIDGE RETIREMENT COMMUNITY 25 and 37 Coles Meadow Road Northampton, MA 01060 (413) 586-2902; www.rockridgema.org	139	Violette's Crossing – Independent Living; Assisted Living; Gardens Neighborhood for Memory Support; Level IV Rest Home	Apartments, cottages, private suites, and a memory-support neighborhood available; full dining service; wellness center; housekeeping; linen service; transportation; full arts schedule; emergency-response system; continence management; personal-care assistance; not-for-profit community; housing at all income levels	Jennifer Wykowski