

# SENIOR LIVING COMMUNITIES LISTED ALPHABETICALLY

COMMUNITY	NO. OF UNITS	LEVELS OF CARE	SERVICES	CHIEF ADMIN.
<b>APPLEWOOD AT AMHERST</b> One Spencer Dr., Amherst, MA 01002 (413) 253-9833; www.loomiscommunities.org	103	Independent Living	A member of the Loomis Communities; continuing-care community; full dining service; on-site restaurant, craft/art room; Artist in Residents Art Gallery; resident-tended gardens and access to 6.5 acres of the Amherst Orchard Arboretum; wellness and fitness center; housekeeping; resident-run cultural/educational activities; transportation; emergency response; convenience store	Louis Iannuccilli
<b>THE ARBORS AT AMHERST</b> 130 University Dr., Amherst, MA 01002 (413) 548-6800; www.arborsassistedliving.com	78	Assisted Living; Memory-impaired Units	Three meals daily; housekeeping; personal care; medication management; activities and recreational programs; 24/7 staffing	Karen Walters-Zucco
<b>THE ARBORS AT CHICOPEE</b> 929 Memorial Dr., Chicopee, MA 01020 (413) 593-0088; www.arborsassistedliving.com	90	Assisted Living; Memory-impaired Units	Three meals daily; housekeeping; personal care; medication management; activities; recreational programs	Debbie Maxton
<b>THE ARBORS AT GREENFIELD</b> 15 Meridian St., Greenfield, MA 01301 (413) 774-4400; www.arborsassistedliving.com	82	Assisted Living; Memory-impaired Units	Three meals daily; housekeeping; personal care; medication management; activities and recreational programs	Harah Crowell
<b>THE ARBORS AT WESTFIELD</b> 40 Court St., Westfield, MA 01085 (413) 562-0001; www.arborsassistedliving.com	90	Assisted Living; Memory-impaired Units	Three meals daily; housekeeping; personal care; medication management; activities; recreational programs	Debbie DePaola
<b>THE ATRIUM AT CARDINAL DRIVE</b> 153 Cardinal Dr., Agawam, MA 01001 (413) 821-9911; www.atriumatcardinaldrive.com	44	Assisted Living for Memory-impaired	Three meals daily; daily living services; activities; laundry; housekeeping; medication management; specializing in memory impairment	Cheryl Moran
<b>ARMBROOK VILLAGE</b> 551 North Road, Westfield, MA 01085 (413) 568-0000; www.armbrookvillage.com	122	Independent and Assisted Living; Mild Cognitive Impairment; Memory Care	Two state-of-the-art memory support programs: Compass Memory Care and ConnectedLife for mild cognitive impairment, Alzheimer's disease, or related dementias; committed to helping seniors stay socially connected and independent through evidence-based arts, fitness, and lifelong learning programs	Julie Wanieski
<b>BEAVEN KELLY HOME</b> 25 Brightside Dr., Holyoke, MA 01040 (413) 532-4892; www.trinityhealthofne.org	57	Level IV Residential Care	Three meals daily; assistance with daily living; support services; housekeeping; linen service; activities; nursing care; respite care; pastoral care	Lori Hannah
<b>BLUEBIRD ESTATES</b> 1 Apple Blossom Lane, East Longmeadow, MA 01028 (413) 525-8600; www.holidaytouch.com	130	Independent Retirement Living	Three meals daily; housekeeping/linen service; utilities included; transportation; 24-hour, GPS-enabled emergency-response service; no long-term commitments; hair salon; pets welcome; private home care on site; exclusive travel program	Eric Lisitano
<b>CEDARBROOK VILLAGE</b> 73 Main St., Ware, MA 01082 (413) 758-5377; www.everbrookseniorliving.com/ communities/cedarbrook-village	119	Independent and Assisted Living; Memory Care; Respite Care	Apartments include studios, one-bedroom units, and two-bedroom units, each featuring resident-controlled individual heating and cooling options; residents receive a comprehensive assessment by a nurse who identifies areas of need for nursing oversight, and if any specific services would help optimize function, health, and quality of life; personal-care services; special events and activities; dining program	Kelly Russell
<b>CHRISTOPHER HEIGHTS OF BELCHERTOWN</b> 99 Front St., Belchertown, MA 01007 (413) 323-5500; christopherheights.com	83	Assisted Living	Spacious private apartments with bathrooms and kitchenettes; all-inclusive packages include three chef-prepared meals daily, up to 1.5 hours of personal care daily, medication reminders, full life-enrichment program, housekeeping and laundry services, staff available 24/7 for peace of mind	Amie Miarecki
<b>CHRISTOPHER HEIGHTS OF NORTHAMPTON</b> 50 Village Hill Road, Northampton, MA 01060 (413) 584-0701; christopherheights.com	83	Assisted Living	Spacious private apartments with bathrooms and kitchenettes; all-inclusive packages include three chef-prepared meals daily, up to 1.5 hours of personal care daily, medication reminders, full life-enrichment program, housekeeping and laundry services, staff available 24/7 for peace of mind	Crystal Cote-Stosz
<b>DEVONSHIRE ESTATES</b> 329 Pittsfield Road, Lenox, MA 01240 (413) 637-1700; www.holidayseiniortliving.com	130	Independent Living	Three meals per day; weekly housekeeping; activities; linens and towels; maintenance; transportation; emergency call pendants; cable TV, utilities	Glenn Brown
<b>EAST LONGMEADOW MEMORY CARE ASSISTED LIVING</b> 305C Maple St., East Longmeadow, MA 01028 (413) 525-6362; www.elmmemorycareassistedliving.org	20	Memory Care Assisted Living (one service line)	Resident-centered care for those diagnosed with mild to moderate dementia; offers all-inclusive memory care as part of a Life Enrichment Program, with aspects of assisted living, to help those with Alzheimer's and other forms of memory loss experience high quality of life and discover new possibilities	Ashley LeBeau
<b>GLENMEADOW</b> 24 Tabor Crossing, Longmeadow, MA 01106 (413) 567-7800; www.glenmeadow.org	147	Independent and Assisted Living	Housekeeping; laundry; utilities; transportation; indoor pool; fitness room; covered parking; \$400/month meal credit for independent living; security; emergency response; assisted living; meals included and one hour nursing care daily; Glenmeadow at Home program	Anne Thomas
<b>KEYSTONE COMMONS</b> 460 West St., Ludlow, MA 01056 (413) 583-6611; www.keystonecommonsll.com	100	Independent and Assisted Living; Memory-impaired Units	Extensive safety measures, care standards, and cleaning and disinfecting procedures designed to ensure residents stay COVID-safe; opportunities for residents to stay social and connected, even in a time of social distancing; chef-prepared meals; assisted-living program provides all-inclusive assistance with personal care, including bathing, dressing, and grooming as needed; medication management; 24-hour staffing; all utilities/cable/wi-fi; housekeeping; transportation; emergency-response system; health services available on-site, including a primary-care physician specializing in geriatric care, a nurse practitioner, and physical and occupational therapists	Marsha Brennan
<b>KIMBALL FARMS LIFECARE RETIREMENT COMMUNITY</b> 235 Walker St., Lenox, MA 01240 (413) 637-7000; www.kimballfarms.org	298	Independent and Assisted Living; Skilled Nursing; Memory-impaired Units	90% refundable entrance fee and monthly service fee covering four levels of care; all utilities; full-service dining room; housekeeping; laundry; transportation; emergency response; activities; wellness clinic; fitness center; yoga; community care nurses and program; all-inclusive-fee assisted living; direct admission to assisted living and memory care	Sandra Shepard
<b>THE LANDING AT LAUREL LAKE</b> 600-620 Laurel St., Lee, MA 01238 (413) 243-2010; www.thelandingatlaurellake.com	66	Traditional Assisted Living; Enhanced Dementia Care	Dining services; private apartments; country kitchen; activities lounge; meeting areas; personal care	Frantz Thimot
<b>LATHROP COMMUNITIES</b> 100 Bassett Brook Dr., Easthampton, MA 01027 (413) 586-0006; www.lathrop.kendal.org	118	Independent Living	An affiliate of the Kendal Corp.; programs and activities; security; transportation; emergency response; the Inn at Easthampton provides two meals a day; weekly housekeeping; 24-hour security; wellness checks	Cynthia Jerome
<b>LATHROP HOME</b> 215 South St., Northampton, MA 01060 (413) 584-2865; www.lathrophome.net	39	Rest home; level IV residential care	Nursing services available 24/7 to assist residents with medication management and triage medical needs; care options for all income levels; private bedroom; full dining services; activities; housekeeping; laundry; emergency-response system; continence management; personal-care assistance; special diets including modified texture; not-for-profit establishment	Tracy Carrol
<b>LATHROP RETIREMENT COMMUNITIES</b> 1 Shallow Brook Dr., Northampton, MA 01060 (413) 582-1825; www.lathrop.kendal.org	77	Independent Living	An affiliate of the Kendal Corp.; programs and activities; security; transportation; emergency response	Cynthia Jerome
<b>LINDA MANOR ASSISTED LIVING</b> 345 Haydenville Road, Leeds, MA 01053 (413) 387-3155; www.lindamanorassistedliving.org	88	Assisted Living and Memory-impaired Life Enrichment	All-inclusive monthly service fee covers personal care, meals, medication management, bathing dressing, activities, and transportation; Life Enrichment Program based on habitation model of dementia care	Emily Ugucioni
<b>MASON WRIGHT SENIOR LIVING</b> 74 Walnut St., Springfield, MA 01105 (413) 733-1517; www.masonwright.org	118	Independent and Assisted Living; Memory Support	Affordable, quality senior living; spacious apartments; 24/7 staffing; three meals a day; full activity calendar; assistance with activities of daily living; housekeeping and laundry services; specially trained memory-care staff	Alan Popp
<b>ORCHARD VALLEY AT WILBRAHAM</b> 2387 Boston Road, Wilbraham, MA 01095 (413) 596-0006; www.orchardvalleyatwilbraham.com	66	Assisted Living; Traditional and Memory-impaired	Three meals daily; 24/7 on-site supervision; personalized care; wellness consultant; social, cultural, educational activities; transportation; adult day stay; respite care; two-person care available	Emily Perkins
<b>PROSPER AT MONASTERY HEIGHTS</b> 110 Monastery Ave., West Springfield, MA 01089 (413) 781-1282; www.prosperlifecare.com/communities/ monastery-heights	105	Independent and Assisted Living; Memory-impaired Units	Three meals daily; housekeeping/linen service; transportation; activities; social programs; medication assistance; emergency response; memory-impairment neighborhood assistance	Dayna Quinones
<b>PROVIDENCE PLACE</b> 5 Gamelin St., Holyoke, MA 01040 (413) 534-9700; www.providenceplace.org	119	Independent Living	Rental apartments with full kitchens; included utilities; restaurant-style dining; transportation; programs; tai chi; yoga; swimming pool; daily Mass in chapel; park-like setting; 24/7 staffing; not-for-profit; no buy-in fees	Suzie Dickson Moyer
<b>THE RESERVE AT EAST LONGMEADOW</b> 741 Parker St., East Longmeadow, MA 01028 (413) 224-2200; www.meridiansenior.com	126	Assisted Living Memory-care Neighborhood	Variety of living arrangements, from studios to two-bedroom apartments; community designed and built for seniors who need some assistance with activities of daily living, such as medication management, dressing, or bathing; also includes an innovative memory-care neighborhood for those experiencing memory loss	Richard Cabral
<b>RIVER MILLS AT CHICOPEE FALLS</b> 7 River Mills Dr., Chicopee, MA 01020 (413) 531-0995; www.rivermillsal.com	99	Assisted Living Memory Care	Assisted-living and memory-care community with large studios and one-bedroom apartments, all handicap-accessible; walk-in showers; large kitchenettes; many family rooms for visiting neighbors and family; restaurant-style dining room; gardening room; theater; hair salon; game rooms; flower garden; park benches; backyard deck; rides to doctors, visiting geriatric primary-care doctor, and one hour of ADL care included in monthly lease	Nichole LaFleur
<b>ROCKRIDGE RETIREMENT COMMUNITY</b> 25 and 37 Coles Meadow Road Northampton, MA 01060 (413) 586-2902; www.rockridgema.org	139	Violette's Crossing – Independent Living; Assisted Living; Gardens Neighborhood for Memory Support; Level IV Rest Home	Apartments, cottages, private suites, and a memory-support neighborhood available; full dining service; wellness center; housekeeping; linen service; transportation; full arts schedule; emergency-response system; continence management; personal-care assistance; not-for-profit community; housing at all income levels	Jennifer Wykowski
<b>RUTH'S HOUSE ASSISTED LIVING RESIDENCE (DIVISION OF JGS LIFECARE)</b> 780 Converse St., Longmeadow, MA 01106 (413) 567-6212; www.jgslifecare.org	64	Assisted Living; Memory Care	Located on the JGS Lifecare campus of care; individualized care; newly renovated apartments; extensive wellness and activity programming (including holistic options); access to primary-care physician specializing in geriatric care; medication management; tiered individualized daily care plans; full service dining with three kosher meals daily; snacks available 24 hours in the Country Kitchen; transportation to events and outings; salon; housekeeping; linens plus personal laundry; secure memory-impairment neighborhood with large outdoor garden and walkways; respite care	Christina Tuohey
<b>ST. LUKE'S HOME</b> 85 Spring St., Springfield, MA 01105 (413) 736-5494; www.trinityhealthseniorcommunities.org/ saint-lukes-home	89	Level IV Residential Care	Three meals daily; assistance with daily living; support services; housekeeping; linen service; activities; nursing care; respite care; pastoral care	Barbara Tadeo
<b>THE WELLINGTON AT SPRINGFIELD</b> 936/942 Grayson Dr., Springfield, MA 01119 (413) 426-9868; www.wellingtonatpringfield.com	188	Independent and Assisted Living; Memory-care Units	One meal per day with full kitchen, biweekly housekeeping (independent living); three meals included and personal care available, weekly housekeeping (assisted living); all utilities/cable (excluding phone); free laundry facilities; 24-hour staffing; transportation; 7-day activity and wellness programs; emergency-response system; barber/beauty salon; theater; fitness center; pet-friendly	Cierra Hommel
<b>WINGATE RESIDENCES AT MELBOURNE PLACE</b> 140 Melbourne Road, Pittsfield, MA 01201 (413) 499-1992; www.wingatehealthcare.com	126	Assisted Living; Memory Care; Independent Living	Three meals daily; housekeeping/linen service; transportation; activities; fitness center and instructor; beauty salon; cable TV; AC; 24-hour healthcare coverage; wellness programs; pets allowed; emergency response system; the Neighborhood memory-care program	Alan Blier